

A Whole New Level of Comfort

Troubleshooting

sleep  number.


Ready to enjoy the best of FlexFit™ technology? Let's get you started.

Press  and choose **Zero G** to experience a feeling of weightlessness.


Press  , choose **Full Body** then **Soothe** for the massage of your life.

Press  , choose **Night Light** to softly illuminate the floor around you.

Press  to gently elevate your partner's head.

Press  , choose **Bed Position** or **Lighting**. Set a time to return your bed to your favorite sleeping position and turn off the lights.

Adding a Remote

- Press  on your current remote and choose **System**.
- Next, choose **Settings** then **Add Remote**.
- Instructions on your remote will guide you through the setup.

Replacing Your Remote

- Unplug and re-plug your Firmness Control™ system and FlexFit™ Control system into a wall outlet.
- Within 60 seconds, insert two AA batteries (included) into your new remote. Your remote will turn on simply by picking it up or pressing any button.
- Easy-to-follow instructions will guide you through the next steps.



sleep  number.

If you need additional assistance, please refer to your bed assembly guide or call us at 1.800.511.0054

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*Available on Split King, Split California King and FlexTop™ King beds only

Your Remote at a Glance



HEAD/FOOT BED POSITION

Press to select head or foot and use the up/down arrows to adjust



LEFT/RIGHT BUTTON

Press to choose your side of the bed



FAVORITES

Choose popular bed positions including Zero Gravity, Snore and Partner Snore™*



LIGHTS

Turn on or off night light and lights that are plugged in to your FlexFit™ 3 control system



UP/DOWN ARROWS

Adjust your Sleep Number® setting or your bed position; scroll up or down in any menu



ENTER

Press to select an option



PARTNER SNORE™*

Gently elevate your partner's head.



HOME

Select Sleep Number®, Bed Position, SleepIQ® and System Settings



MY SLEEP NUMBER® SETTING BUTTON

Press to return to your Sleep Number® setting



TIMER

Set to change bed position or turn off massage and/or lights



MASSAGE

Choose type of massage or create a customized full body massage


Better Sleep Starts Here

For your most individualized sleep ever, the intuitive, easy-to-use remote allows you to find your ideal level of comfort, name each side of the bed, and more. Follow these steps to make it your own.

1 Wake Up Your Remote

- Insert two AA batteries (included) into your remote. Your remote will turn on simply by picking it up or pressing any button.
- Easy-to-follow instructions will guide you through the next steps.




2 Name Each Side of the Bed

Follow the steps on your remote to enter your names on each side of the bed. If you'd like to skip this step, you can enter them later by pressing , **System, Settings, Reset Preferences** and **Rename Side**.





NOTE: You can choose your side of the bed at any time by pressing .

3 Find Your Sleep Number® Setting

There's nothing quite like finding your Sleep Number® setting. Your remote can easily guide you to your ideal level of firmness, comfort and support.





- Begin by lying on the bed in your preferred sleeping position.
- Press  to choose your side of the bed.
- Press  and choose **Sleep Number®**.
- Press  and choose **Find Sleep Number®**.
- Follow the instructions on your remote to find your favorite Sleep Number® setting. This may take a few minutes.

4 Save Your Sleep Number® Setting into Memory


Press  to choose your side of the bed. Press  or  to choose your favorite setting, then press  for two seconds to save.

5 Save Your Favorite Bed Positions

It's easy to individualize your bed for reading, watching TV and enjoying the weightless feeling of zero gravity.

- Press  and choose **Bed Position**.
 - Press  to access positions.
 - Adjust to your liking and press  for 2 seconds to save.
- Press  to switch between your Sleep Number® setting and bed position.

6 Create an Individualized Massage

After you've pressed , choose different intensities for upper and lower body to create your favorite full-body massage.