

sleep  number

lifestyle collection

USER GUIDE

the ultimate sleep experience

STARTS HERE

Meet your new Lifestyle Collection furniture. Designed to optimize sound, lighting and more, it can help you fall asleep faster, stay asleep longer and wake up refreshed.



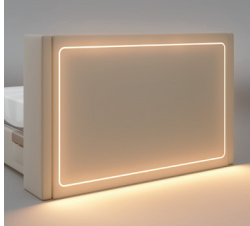
WHERE LIFE MEETS style

Designed with real life and your senses in mind. Our most innovative sleep furniture ever.
Smart features on each side help you both fall asleep and wake with ease.



Read and relax

Individual reading lights let you choose warm or cool light and adjust brightness.



Wind down and wake up

Ambient light from the back of the headboard helps optimize your circadian rhythm. Choose warm light to help you unwind or cool light to help promote wakefulness.



Fall asleep to relaxing sounds

Built-in wireless speakers let you create a sound blanket with relaxation apps, audio books and music from your smart device.



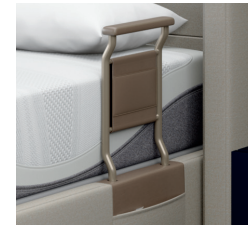
Control at your fingertips

Two wireless remotes let you control sleep/wake lighting and wireless speakers. Built-in docks provide wireless charging.



Bedside convenience

Optional side table includes storage pocket.



Support your needs

Optional support bar includes convenient storage pocket.

adjusting reading lights

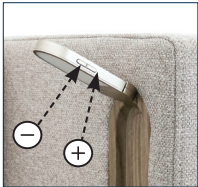
Choose your desired angle, color (warm or cool) and brightness.
Reading lights automatically default to cool light at lowest brightness.



- 1 Lift to turn the light on. Close to turn off.



- 2 Press the button on the left side to switch between warm and cool light settings.



- 3 Use the buttons on the right side to adjust brightness.



- 4 Adjust the angle to your desired position.
It can rotate up 120° and swivel 90° left and right.

adjusting sleep/wake lighting

Ambient light from the back of the headboard is designed to support your circadian rhythm.
Use your remote to choose warm or cool light and adjust brightness.

- 1 Press  on either remote to turn sleep/wake light on or off.
- 2 Choose warm light  in the evening to help your body transition to bedtime and cool light  in the morning to help your body awaken for the day.
- 3 Adjust brightness using the  and  buttons.
- 4 Set a timer for automatic shutoff.



connecting to your wireless speakers

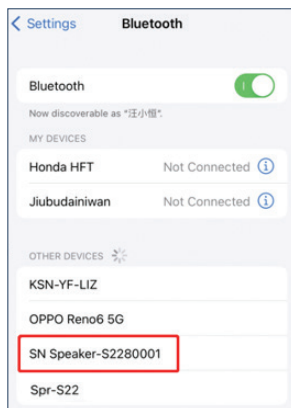
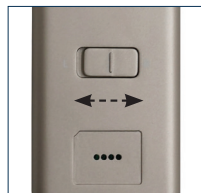
Move the side button on the back of the remote to L to control the left side of the bed, and to R to control the right side.

NOTE: Left and right are determined from an in-bed position.

Connect to one smart device

NOTE: Your Lifestyle Collection furniture arrives automatically in sync mode.

- 1 When the bed is first plugged in, the Bluetooth signal will be discoverable for 60 seconds. If not paired within this time, press and hold  on the remote for 3 seconds to re-enter pairing mode. The speaker will remain in pairing mode for 60 seconds.
- 2 Verify that the sync audio LED indicator (marked B in the diagram on p. 12) is illuminated on both remotes. If it is not, press and hold until it lights up. Open Bluetooth settings in either the left or right user's smart device. Choose the wireless speaker name **SN Speaker-Sxxxxxxx** in the list of other devices. You will hear "connected" when connecting is complete.
- 3 You may now play music, relaxation apps or other soothing sounds simultaneously on both sides of the bed from the smart device that is synced with your speakers.



NOTE: Ensure your phone volume is turned up all the way to maximize sound. Then, you can use the remote to adjust the volume up or down.

Connect to two smart devices

NOTE: Follow Unsyncing instructions on p. 11 before connecting two devices.

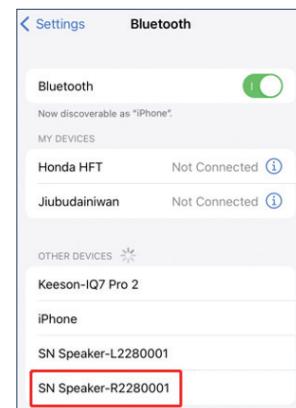
- 1 **Left-side sleeper:** Left-side sleeper: Press and hold on  the remote for 3 seconds to enter pairing mode for the left speaker. The speaker will remain in pairing mode for 60 seconds.

Open Bluetooth settings in your smart device. Choose the wireless speaker name **SN Speaker-Lxxxxxxx** in the list of other devices. You will hear "connected" when connecting is complete.

- 2 **Right-side sleeper:** Press and hold on  the remote for 3 seconds to enter pairing mode for the right speaker. The speaker will remain in pairing mode for 60 seconds.

Open Bluetooth settings in your smart device. Choose the wireless speaker name **SN Speaker-Rxxxxxxx** in the list of other devices. You will hear "connected" when connecting is complete.

- 3 You may now play music, relaxation apps or other soothing sounds independently on each side of the bed.





syncing/unsyncing audio

The wireless speakers in your Lifestyle Collection furniture will arrive in home already synced, so the same sound will play in both speakers. If you wish to listen to audio independently on each side of the bed, follow the unsyncing instructions below.

Unsyncing

While in sync mode, press and hold  on either remote for three seconds. The sync indicator lights will turn off and the speakers will exit sync mode. A voice prompt “Disconnected” will indicate when speakers are unsynced.

To ensure that Bluetooth is disconnected, go to the Bluetooth settings in your smart device. If you still see **SN Speaker-Sxxxxxxx**, click the info button and select **Forget This Device**.

Reset your Bluetooth connections by going to **Connecting your wireless speakers** on p. 8 and following the **Connect to two smart devices** instructions.

Syncing

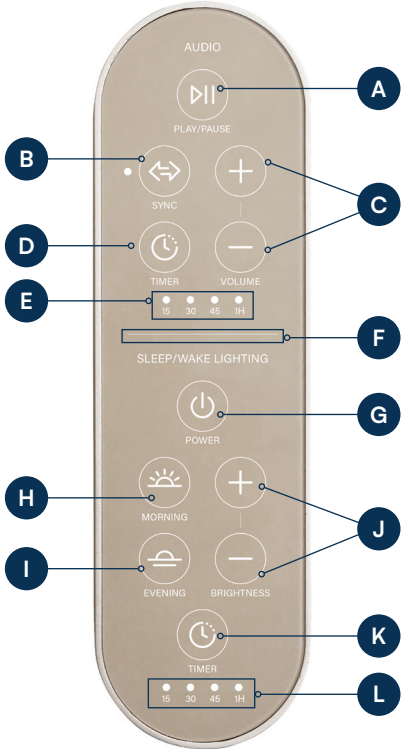
NOTE: If syncing is not completed within one minute, the indicator light will turn off and you'll need to begin the syncing process again.

To get started, press and hold  on either remote for three seconds. The sync indicator lights will flash on both remotes and speakers will automatically enter sync mode.

In your smart device, open Bluetooth settings and choose **SN Speaker-Sxxxxxxx** in the list of other devices. You will hear “connected” when connecting is complete.

using your remote

Remotes on each side of the bed make it easy to control sleep/wake lighting and wireless speakers for your complete bedroom oasis.



NOTE: Press any button to wake the remote. Press any button again to operate.

NOTE: The remote needs to be paired to the furniture upon arrival. Follow these steps:

1. Unplug the furniture for 30 seconds, then plug it back in.
2. Within 10 seconds of powering on the furniture, press/hold the sleep/wake light button (G) until the backlight on the remote starts blinking. When the backlight stops blinking, pairing is complete.

A Audio play/pause

Press to play or pause audio from your Bluetooth-enabled smart device. If the audio timer is set, it will also pause when music is paused.

NOTE: You must connect your smart device to the wireless speakers before audio will play. See [Connecting to your wireless speakers](#) on p. 8 to get started.

B Sync/unsync audio

Sync wireless speakers to play the same audio on both sides of the bed. Unsync to play audio independently on each side of the bed. The default setting is sync. See p. 10 for syncing/unsyncing instructions.

C Audio volume

Press to increase volume.
Press to decrease volume.

D Audio timer

Set a timer for automatic shutoff in 15-minute increments, up to 1 hour. Press once for 15 minutes, twice for 30 minutes and so on. The fifth press will turn the timer off.

E Audio timer indicator

Shows the length of time set for automatic audio shutoff.

F Remote charging indicator

Lights up when the remote is charging.

G Sleep/wake light on/off

Press to turn sleep/wake light on or off.

H Morning light mode

Choose cool light in the morning to help your body awaken for the day.

I Evening light mode

Choose warm light in the evening to help your body transition to bedtime.

J Sleep/wake light brightness

Press to increase brightness.
Press to decrease brightness.

K Sleep/wake light timer

Set a timer for automatic shutoff in 15-minute increments, up to 1 hour. Press once for 15 minutes, twice for 30 minutes and so on. The fifth press will turn the timer off.

L Sleep/wake light timer indicator

Shows the length of time set for automatic light shutoff.

NOTE: If connection between the remote and furniture is lost, press the Reset button on the back of remote to reset.

FCC COMPLIANCE

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

SAFETY PRECAUTIONS AND USAGE STATEMENTS

Read the following information before using this product. Failure to use a surge protection device could compromise safety or cause product malfunction and could void the electrical portion of your warranty.

TO REDUCE THE RISK OF SHOCK, BURNS, FIRE OR INJURY

For optimal safety and operation, plug furniture into a surge protector (not included). The furniture should only be plugged directly into a wall outlet or surge protector (strongly recommended). Always unplug the base from the electrical outlet before servicing any part of the

base. To reduce risk of electric shock, unplug the base before cleaning. To safely disconnect, ensure the base is in a flat position with all motors off, and unplug from power source. Keep the power cord away from heated surfaces. Never operate the base when the air openings are blocked.

Keep air openings free of lint, hair and the like. Do not drop or insert any object into any opening. Discontinue use of the furniture and contact a qualified service center if: it has a damaged cord or plug, if it is not working properly, or it has been dropped into water. Only use this furniture for its intended use as described in this manual. Do not use accessories/attachments that are not recommended by the manufacturer. Close supervision is required when the furniture is used by or near children, convalescents, disabled persons or pets. Improper connection of the equipment can result in the risk of electrical shock, electrical fire or faulty operation of this furniture. If the plug does not fit your outlet, contact a qualified electrician to install a suitable outlet.

PACEMAKERS

The remote charging dock contains neodymium magnets which may interfere with devices such as pacemakers, ICDs and any other device sensitive to magnetic fields. It is **STRONGLY** recommended that owners of such medical devices consult their physician prior to using products that contain neodymium magnets.

INTENDED USE

This product is not rated to support the weight of a bed, bed frame, platform, mattress, or any other item not intended for use with this product.

SAVE THESE INSTRUCTIONS.



Any questions?

Visit sleepnumber.com/support
or scan QR code below

Call Customer Service 1-888-550-3746

Monday—Friday: 7am to 5pm PST
Saturday: 7am to 3:30pm PST



Scan to learn more

Need additional support?

contact Ergomotion

call 1-888-550-3746

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Saturday: 7am to 3:30pm PST

