

sleep  number.

# LIFESTYLE COLLECTION

## user guide



# Complete your ideal SLEEP ENVIRONMENT

Our Lifestyle Collection furniture helps you create your ultimate sleep experience when you combine it with a Sleep Number® smart bed and FlexFit™ smart adjustable base. Endless adjustability meets smart features designed to optimize sound, lighting and more to help you both fall asleep, stay asleep and wake refreshed.



## Where life meets style

Designed with real life and your senses in mind. Our most innovative sleep furniture ever. Smart features on each side help you both fall asleep and wake with ease.



### Read and relax

Individual reading lights let you choose warm or cool light and adjust brightness.



### Wind down and wake up

Ambient light from the back of the headboard helps optimize your circadian rhythm. Choose warm light to help you unwind or cool light to help promote wakefulness.



### Fall asleep to relaxing sounds

Built-in Bluetooth® speakers let you create a sound blanket with relaxation apps, audio books and music from your smart device.



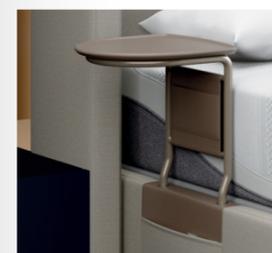
### Control at your fingertips

Two wireless remotes let you control sleep/wake lighting and Bluetooth® speakers. Built-in docks provide wireless charging.



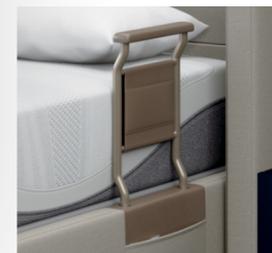
### Convenient storage and charging

Storage pockets keep books, tablets and other items close at hand. Wireless and built-in USB ports make it easy and convenient to charge smart devices.



### Bedside convenience

Optional side table includes storage pocket.



### Support your needs

Optional support bar includes convenient storage pocket.

## Adjusting reading lights

Choose your desired angle, color (warm or cool) and brightness.  
Reading lights automatically default to cool light at lowest brightness.



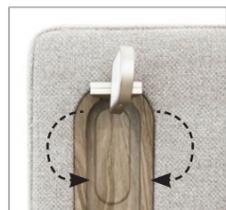
- 1 Lift to turn the light on. Close to turn off.



- 2 Press the button on the left side to switch between warm and cool light settings.



- 3 Use the buttons on the right side to adjust brightness.



- 4 Adjust the angle to your desired position.  
It can rotate up 120° and swivel 90° left and right.

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## Adjusting sleep/wake lighting

Ambient light from the back of the headboard is designed to support your circadian rhythm.  
Use your remote to choose warm or cool light and adjust brightness.

- 1 Press  on either remote to turn sleep/wake light on or off.
- 2 Choose warm light  in the evening to help your body transition to bedtime and cool light  in the morning to help your body awaken for the day.
- 3 Adjust brightness using the  and  buttons.
- 4 Set a timer for automatic shutoff.



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## Connecting to your Bluetooth speakers

Move the side button on the back of the remote to L to control the left side of the bed, and to R to control the right side.

**NOTE:** Left and right are determined from an in-bed position.



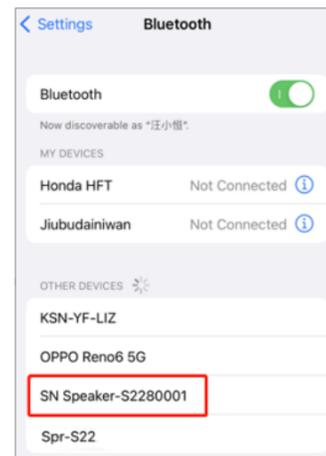
### Connect to one smart device

**NOTE:** Your Lifestyle Collection furniture arrives automatically in sync mode.

- 1 Verify that the sync audio LED indicator (marked B in the diagram on p. 12) is illuminated on both remotes. If it is not, press and hold until it lights up. Open Bluetooth settings in either the left or right user's smart device. Choose the Bluetooth name **SN Speaker-Sxxxxxxx** in the list of other devices. You will hear "Bluetooth connected" when connecting is complete.

- 2 You may now play music, relaxation apps or other soothing sounds simultaneously on both sides of the bed from the smart device that is synced with your speakers.

**NOTE:** Ensure your phone volume is turned up all the way to maximize sound. Then, you can use the remote to adjust the volume up or down.



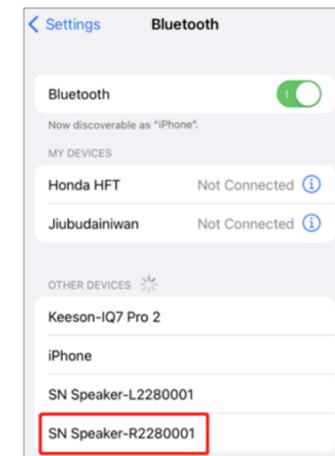
### Connect to two smart devices

**NOTE:** Follow Unsyncing instructions on p. 10 before connecting two devices.

- 1 **Left-side sleeper:** open Bluetooth settings in your smart device. Choose the Bluetooth name **SN Speaker-Lxxxxxxx** in the list of other devices. You will hear "Bluetooth connected" when connecting is complete.

**Right-side sleeper:** open Bluetooth settings in your smart device. Choose the Bluetooth name **SN Speaker-Rxxxxxxx** in the list of other devices. You will hear "Bluetooth connected" when connecting is complete.

- 2 You may now play music, relaxation apps or other soothing sounds independently on each side of the bed.



## Syncing/unsyncing audio

The Bluetooth speakers in your Lifestyle Collection furniture will arrive in home already synced, so the same sound will play in both speakers. If you wish to listen to audio independently on each side of the bed, follow the unsyncing instructions below.

### Unsyncing

While in sync mode, press and hold  on either remote for three seconds. The sync indicator lights will turn off and the speakers will exit sync mode. A voice prompt “Disconnected” will indicate when speakers are unsynced.

To ensure that Bluetooth is disconnected, go to the Bluetooth settings in your smart device. If you still see **SN Speaker-Sxxxxxxx**, click the info button and select **Forget This Device**.

Reset your Bluetooth connections by going to **Connecting your Bluetooth speakers** on p. 8 and following the **Connect to two smart devices** instructions.

### Syncing

**NOTE:** If syncing is not completed within one minute, the indicator light will turn off and you’ll need to begin the syncing process again.

To get started, press and hold  on either remote for three seconds. The sync indicator lights will flash on both remotes and speakers will automatically enter sync mode.

In your smart device, open Bluetooth settings and choose **SN Speaker-Sxxxxxxx** in the list of other devices. You will hear “Bluetooth connected” when connecting is complete.

## Charging smart devices

Enjoy convenient USB ports and wireless charging on each side of the bed.

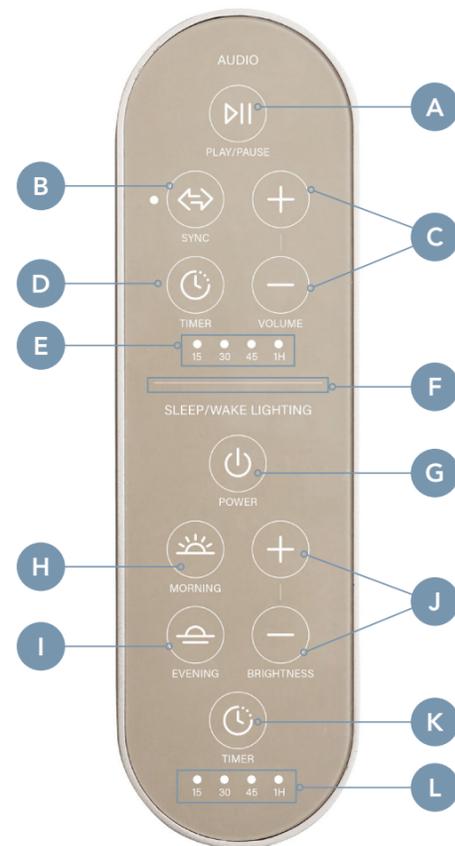
When a wireless-charging-enabled smart device is placed on the wireless charger, the charger will beep twice to confirm connection. If beeping persists, the device is not charging.

**NOTE:** Wireless charging performance may be affected if your device is in a case. It may be necessary to remove the case to wirelessly charge your device.



## Using your remote

Remotes on each side of the bed make it easy to control sleep/wake lighting and Bluetooth speakers for your complete bedroom oasis.



**NOTE:** Press any button to wake the remote. Press any button again to operate.

**NOTE:** The remote needs to be paired to the furniture upon arrival. Follow these steps:

1. Unplug the furniture for 30 seconds, then plug it back in.
2. Within 10 seconds of powering on the furniture, press/hold the sleep/wake light button (G) until the backlight on the remote starts blinking. When the backlight stops blinking, pairing is complete.

### A Audio play/pause

Press **⏮ | ⏭** to play or pause audio from your Bluetooth-enabled smart device. If the audio timer is set, it will also pause when music is paused.

**NOTE:** You must connect your smart device to the Bluetooth speakers before audio will play. See **Connecting to your Bluetooth speakers** on p. 8 to get started.

### B Sync/unsync audio

Sync Bluetooth speakers to play the same audio on both sides of the bed. Unsync to play audio independently on each side of the bed. The default setting is sync. See p. 10 for syncing/unsyncing instructions.

### C Audio volume

Press **+** to increase volume.  
Press **-** to decrease volume.

### D Audio timer

Set a timer for automatic shutoff in 15-minute increments, up to 1 hour. Press once for 15 minutes, twice for 30 minutes and so on. The fifth press will turn the timer off.

### E Audio timer indicator

Shows the length of time set for automatic audio shutoff.

### F Remote charging indicator

Lights up when the remote is charging.

### G Sleep/wake light on/off

Press **⏻** to turn sleep/wake light on or off.

### H Morning light mode

Choose cool light in the morning to help your body awaken for the day.

### I Evening light mode

Choose warm light in the evening to help your body transition to bedtime.

### J Sleep/wake light brightness

Press **+** to increase brightness.  
Press **-** to decrease brightness.

### K Sleep/wake light timer

Set a timer for automatic shutoff in 15-minute increments, up to 1 hour. Press once for 15 minutes, twice for 30 minutes and so on. The fifth press will turn the timer off.

### L Sleep/wake light timer indicator

Shows the length of time set for automatic light shutoff.

**NOTE:** If connection between the remote and furniture is lost, press the Reset button on the back of remote to reset. 13

**FCC COMPLIANCE**

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

**SAFETY PRECAUTIONS AND USAGE STATEMENTS**

Read the following information before using this product. Failure to use a surge protection device could compromise safety or cause product malfunction and could void the electrical portion of your warranty.

**TO REDUCE THE RISK OF SHOCK, BURNS, FIRE OR INJURY**

For optimal safety and operation, plug furniture into a surge protector (not included). The furniture should only be plugged directly into a wall outlet or surge protector (strongly recommended). Always unplug the base from

the electrical outlet before servicing any part of the base. To reduce risk of electric shock, unplug the base before cleaning. To safely disconnect, ensure the base is in a flat position with all motors off, and unplug from power source. Keep the power cord away from heated surfaces. Never operate the base when the air openings are blocked.

Keep air openings free of lint, hair and the like. Do not drop or insert any object into any opening. Discontinue use of the furniture and contact a qualified service center if: it has a damaged cord or plug, if it is not working properly, or it has been dropped into water. Only use this furniture for its intended use as described in this manual. Do not use accessories/attachments that are not recommended by the manufacturer. Close supervision is required when the furniture is used by or near children, convalescents, disabled persons or pets. Improper connection of the equipment can result in the risk of electrical shock, electrical fire or faulty operation of this furniture. If the plug does not fit your outlet, contact a qualified electrician to install a suitable outlet.

**PACEMAKERS**

The remote charging dock contains neodymium magnets which may interfere with devices such as pacemakers, ICDs and any other device sensitive to magnetic fields. It is **STRONGLY** recommended that owners of such medical devices consult their physician prior to using products that contain neodymium magnets.

**INTENDED USE**

This product is not rated to support the weight of a bed, bed frame, platform, mattress, or any other item not intended for use with this product.

**SAVE THESE INSTRUCTIONS.**


Have questions?



scan to learn more

visit  
[sleepnumber.com/support](https://sleepnumber.com/support)

Need additional support?  
contact Ergomotion

call  
**1-888-550-3746**

Monday-Friday: 7am to 5pm PST  
Saturday: 7am to 3:30pm PST

LIMITED WARRANTY  
Please visit [sleepnumber.com/warranty](https://sleepnumber.com/warranty)  
for specific limited warranty information.

