




Ready to enjoy the best of FlexFit™ technology? Let's get you started.

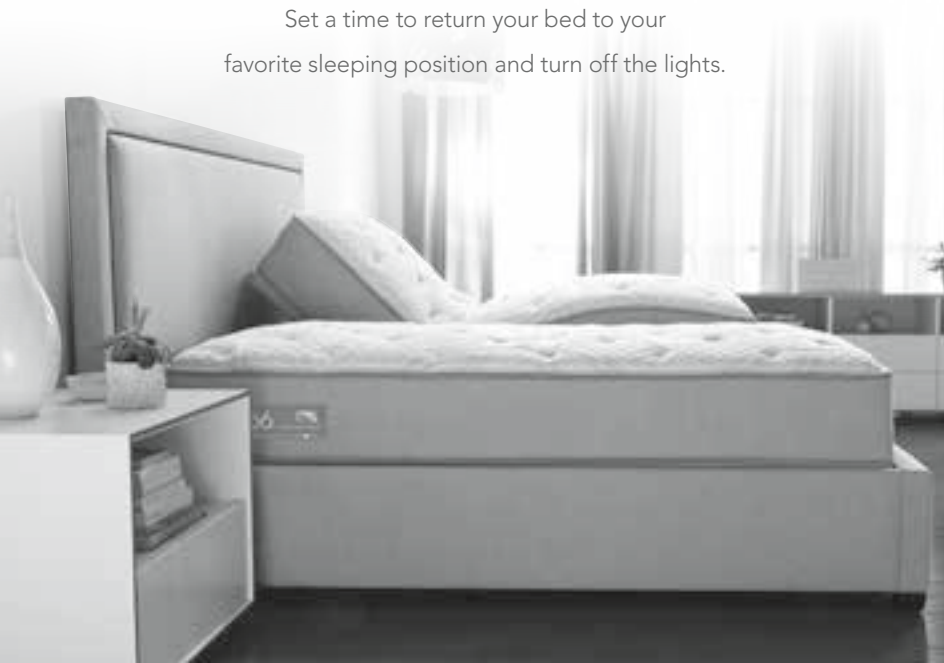
Press the Favorites button  and choose **Zero G** to experience a feeling of weightlessness.

Press the Massage button , choose **Full Body** then **Soothe** for the massage of your life.


Press the Lights button , choose **Night Light** to softly illuminate the floor around you.

Press the Favorites button , choose **Partner Snore** to gently elevate your partner's head.

Press the Timer button , choose **Bed Position** or **Lighting**.
Set a time to return your bed to your favorite sleeping position and turn off the lights.



Adding a Remote

- Press the Home button  on your current remote and choose **System**.
- Next, choose **Settings** then **Add Remote**.
- Instructions on your remote will guide you through the setup.

Replacing Your Remote

- Unplug and re-plug your Firmness Control™ system into a surge protector.
- Within 60 seconds, insert two AA batteries (included) into your new remote. Your remote will turn on simply by picking it up or pressing any button.
- Easy-to-follow instructions will guide you through the next steps.

sleep  number.

If you need additional assistance, please refer to your bed assembly guide or call us at 1.800.511.0054

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Your Remote at a Glance



MY SLEEP NUMBER® SETTING BUTTON

Press to return to your SLEEP NUMBER® setting



HEAD/FOOT BED POSITION

Press to select head or foot and use the up/down arrows to adjust



FAVORITES

Choose popular bed positions including Read, Watch TV, Snore, Partner Snore™ and Zero Gravity



LIGHTS

Turn on or off night light and lights that are plugged in to your FlexFit™ 3 control system



UP/DOWN ARROWS

Adjust your *Sleep Number* setting or your bed position; scroll up or down in any menu



ENTER

Press to select an option



SIDE BUTTON

Press to choose your side of the bed



HOME

Select Sleep Number®, Bed Position, SleepIQ™ and System Settings



MESSAGE

Choose type of massage or create a customized full body massage



TIMER

Set to change bed position or turn off massage and/or lights


Better Sleep Starts Here


For your most individualized sleep ever, the intuitive, easy-to-use remote allows you to find your ideal level of comfort, name each side of the bed, and more. Follow these steps to make it your own.

1 Wake Up Your Remote

- Insert two AA batteries (included) into your remote. Your remote will turn on simply by picking it up or pressing any button.
- Easy-to-follow instructions will guide you through the next steps.




2 Name Each Side of the Bed

Follow the steps on your remote to enter your names on each side of the bed. If you'd like to skip this step, you can enter them later by pressing the Home button , **System, Settings, Reset Preferences** and **Rename Side**.





NOTE: You can choose your side of the bed at any time by pressing the Side button .

3 Find Your Sleep Number® Setting

There's nothing quite like finding your SLEEP NUMBER® setting. Your remote can easily guide you to your ideal level of firmness, comfort and support.




- Begin by lying on the bed in your preferred sleeping position.
- Press the Side button  to choose your side of the bed.
- Press the Home button  and choose **Sleep Number®**.
- Press the Favorites button  and choose **Find Sleep Number®**.
- Follow the instructions on your remote to find your favorite *Sleep Number* setting. This may take a few minutes.


4 Save Your Sleep Number® Setting into Memory

Press the Side button  to choose your side of the bed. Press the Up/Firmer or Down/Softer button   to choose your favorite setting, then hold the My Sleep Number® Setting button  on top of your remote for two seconds to save.


5 Save Your Favorite Bed Positions

It's easy to individualize your bed for reading, watching TV and enjoying the weightless feeling of zero gravity.

- Press the Home button  and choose **Bed Position**.
- Press the Favorites button  to access positions.
- Adjust to your liking and hold the Favorites button  for 2 seconds to save.

Press the Home button  to switch between your *Sleep Number* setting and bed position.

6 Create an Individualized Massage

After you've pressed the Massage button , choose different intensities for upper and lower body to create your favorite full-body massage.